

## Grace House Recovery Residence for Women



We believe women taken off track by substance use stay alive with sobriety and thrive when it's nurtured by:

- Healthy, recovery lifestyles
- Housemates who are in recovery
- Mentor that provides support and structure



### Evidence supports our approach to sustained sobriety and recovery

- ❖ Participation on recovery-oriented programs
- ❖ House mentor with experience
- ❖ Commitment to intellectual development
- ❖ Healthy employment
- ❖ Peer-to-peer support that comes from women who know you, and share your experience, will support you on your journey

Grace House is a safe place to come home. It is a housing option for women in recovery from substance use and ready for intellectual development, meaningful employment, improved relationships, and healthy living. While you live here you'll begin to turn sober days into sober months, in time, you'll celebrate the fact that you've been: sober for years, taken care of yourself and others, worked with integrity, used your intelligence to develop and carried yourself with dignity.

Grace house is blocks from the shores of Lake Mendota, near downtown Madison, Wisconsin, close to UW Madison, Edgewood College, and Madison College.

#### **We will assist in:**

- transitioning to life after exiting an addiction treatment center or completing detoxification
- guiding each resident to sober events, retreats, support meetings and entertainment
- strengthening interpersonal skills by practicing self-respect and self-acceptance
- providing referrals for intensive out-patient services, mental health assessments or employment services

#### **Amenities:**

- Fully Furnished living space
- Single Room
- Personal Closet and Dresser
- Washer and Dryer
- All utilities
- Wifi and Cable
- Towels and Linens
- Close to Public Transportation
- Outdoor garden

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